



ST. MICHAEL'S CE SCHOOL

RELATIONSHIPS AND SEX EDUCATION (RSE) AT ST. MICHAEL'S



UPDATE FEBRUARY 2020

- The Government announced in March 2019 that relationships education should become compulsory for pupils in primary schools from September 2020 and that teaching certain aspects of sex education was highly recommended. We became an early adopter of this guidance during 2019.
- Relationships and Sex (RSE) education falls under the curriculum area of Personal, Social, Health and Economic (PSHE) Education. Some of the aspects of RSE are also covered in the Science curriculum, in the unit 'How the human body works'.
- In Autumn 2018 we adopted a new scheme of work for PSHE, provided by Jigsaw, a company approved by the PSHE Association and one of the most popular schemes of work nationally (750,000 pupils currently learn PSHE through the Jigsaw programme).
- PSHE Faculty Audits and teacher feedback reveal that the Jigsaw scheme of work has been well received by staff and pupils. At St. Michael's, Jigsaw is being used from Reception to Year 6 for one lesson of PSHE per week.
- Within the Jigsaw scheme of work is a unit entitled 'Changing Me', which covers the various aspects of RSE at an age-appropriate level for all our pupils. This is taught in the second half of the Summer Term. Jigsaw's progressive approach helpfully builds up the learning, so that pupil understanding of healthy relationships and the key terminology around RSE is not simply confined to Years 5 and 6.
- The Jigsaw materials for teaching RSE were approved by Governors in May 2019. A separate Parent Briefing was held the same month to inform parents about the content of RSE lessons for each year group and how the lessons would be taught.
- The lessons took place in June 2019 and were well received by pupils and teachers. In accordance with government guidance permitting parent-opt out of certain RSE lessons, five pupils in Years 4-6 opted out of the lesson which specifically covered conception.
- We will continue to use the Jigsaw scheme of work to cover RSE in a sensitive and age-appropriate way at St. Michael's, thereby empowering pupils to lead healthy and flourishing lives into adulthood.